## Best Future's E-Safety Newsletter MAY 2022





## **Parental Control**

Does your child have a game console? If yes, have you set up age-appropriate parental controls? The controls vary across the different consoles, but all will allow you to restrict spending and communication for example.

PlayStation Set up your account as a family manager and create a separate child account so you can tailor their activities. Find out more here: <u>Safety for parents</u> (UK) (playstation.com)

Xbox You can download an app to manage your child's gaming experience. Find out more here: Xbox Family Settings App | Xbox

Nintendo Switch Nintendo also offer a free app to monitor what and how your children are playing. Find out more here: Nintendo Switch Parental Controls – Nintendo Switch™ Official Site – Parental controls, family gaming

Games from Childline Childline have created some online games that your children can play including arcade style games and relaxing games. You can find them here: Games | Childline

## Welcome to Best Futures' E-Safety newsletter.

The world of online safety is constantly evolving. Best Future's E-safety newsletter will help parents to keep current with changes, helping you to help keep your children safe.

Search Engines Parent Zone have published this article explaining what you need to know about safer searching and what you should consider. Read the article here: Search engines — and what you need to know about safer searching | Parent Zone

TikTok update The NSPCC have created a news article discussing if TikTok is safe for children and provides an overview of how to keep your child safe on TikTok using their safety settings. Read the article here: <a href="Is TikTok safe?">Is TikTok safe?</a> NSPCC

TikTok have also created a Guardian's Guide designed to provide an overview of TikTok and the tools and controls available: <u>Guardian's</u> Guide | Safety Center | TikTok

## Online Sexual Harassment

The NSPCC provide fantastic advice on how to start conversations about Online Safety with your child, where to get further support and how to be a good digital role model. This site also includes Online safety family resources such as a family quiz, which is a great way to start conversations with your child whilst making it fun! Teaching Your Child about Internet & Online Safety |

Talking to our children about online sexual harassment can be difficult which is why the Children's Commissioner have produced a guide to help you. The guide focuses on several topics that can often be difficult to talk about with our children such as body image and peer pressure. Through the work of the Children's Commissioner, they found that we should start these conversations early, introducing topics in an age appropriate manner before a child is given a phone or a social media account (often around the age of 9 or 10). The guide is a 'starting point' and includes further links to other resources, young peoples' views and top tips from 16–21 yearolds. The guide and further information can be found here: Talking to your child about online sexual harassment: A guide for parents | Children's Commissioner for England (childrenscommissioner.gov.uk)

If you have any concerns regarding safeguarding, including online safety you can contact the Designated Safeguarding Leads: Kara Bradley or Abigail Moore on the office number 01472 278978