

Best Future's E-Safety Newsletter Term 2



Dual Screening:

Dual screening is simply when someone uses multiple devices or screens at once. Internet Matters have put a good article together which will be useful to understand what dual-screening is, the research, the impact and some guidance. You can view the article [What are the impacts of dual-screening? | Internet Matters](#)



Setting up devices:

It can be difficult knowing all the different settings that are available on different devices to help protect children, this includes allowing or disallowing chat, friends, spending money, content filters and much more. On these pages you will find the details, as well as non-technical instructions, which will help you understand what is available to you and how to set up your child's devices.

Gaming consoles and devices: [Video gaming, consoles and platforms parental controls | Internet Matters](#)

Smartphones [Parental Controls Android Devices | Internet Matters](#)

Broadband and mobile networks [Broadband Parental Controls & Mobile Network Settings | Internet Matters](#)

Entertainment and search engines [Entertainment & Search Engines Safety - Internet Matters](#)

Your mental health on social

media: Social media can sometimes make us feel anxious, sad or upset and affect our mental health. If you or your child need further advice or support, then one place to start could be Childline. Childline have an area on their website with advice including ways to feel good on social media, coping mechanisms, how to get support when you are being bullied online and how to access further help.

[Feeling good on social media | Childline](#)

Welcome to Best Futures' E-Safety

newsletter. The world of online safety is constantly evolving. Best Future's E-safety newsletter will help parents to keep current with changes, helping you to help keep your children safe.

Understanding Online Games:



Online games can be a great way for children and young people to keep busy and stay in touch with friends and family, but it's important that they play safely.

Things to consider if your child games online:

- age ratings of games they play.
- messaging and contact functions on the games.
- in-game purchases
- trolling, grieving and scams
- how to report problems
- where they can get further support.

Also, if you have more than one child in your home, be aware that games suitable for one child to play or watch, may not be suitable for another.

The NSPCC have produced this article: [How to Ensure Your Children Stay Safe While Playing Online Games | NSPCC](#)

If you have any concerns regarding safeguarding, including online safety you can contact the Designated Safeguarding Leads: Kara Bradley or Abigail Moore on the office number 01472 278978.