

# Best Future's E-Safety TERM 1 Newsletter 2024



## PANTOSAURUS

NSPCC Talk PANTS visited Best Futures School to help pupils understand that their bodies belong to them and if they have any worries, they should tell a trusted adult. Talk PANTS help children understand that they have a right to say no, and if something is upsetting them, they know someone will listen. NSPCC Talk PANTS have some great conversation starters, with useful tips, advice and materials. Please access the link for more information:

[Let's talk PANTS with Pantosaurus! | NSPCC](#)

## TECHNOSAURUS

Children are growing up in a world where screens and the internet play a big part in their lives.

NSPCC have a NEW online safety Dinosaur, called Techosaurus. NSPCC have created Techosaurus as they understand that talking to children about online safety can be a daunting experience. These helpful tips and activity packs can make having conversations with your children easier. Having regular conversations to help keep them safe online, explore the internet safely, and ensure they know who to go to if things go wrong.

Please see below the link for further information:

[Help keep children safe online with Techosaurus! | NSPCC](#)

## Wellbeing Apps

Wellbeing apps are helpful to support children's health and well-being, Internet Matters have put together some of the best and most popular mindfulness and wellbeing apps for children and their families. Please follow the link to view the wellbeing apps and further information.

[Wellbeing apps for kids | Internet Matters](#)

## **Welcome to Best Futures' E-Safety newsletter.**

The world of online safety is constantly evolving. Best Future's E-safety newsletter will help parents to keep current with changes, helping you to help keep your children safe.

## Lego Build and Talk

LEGO® have created Build and Talk to help you talk to your children about online safety. The activities have been created for children ages 6 to 9.

Together you can pick an activity to do and then you read a story, which includes questions and conversation prompts, whilst you build LEGO® together. This is a great way to start talking to your child about topics such as screentime and cyberbullying.

[Build and talk - Sustainability - LEGO.com](#)

## **How to support Children with SEND with taking to people**

Children with Special educational needs may find it difficult to make friends and find chatting online an easier way of making friendship. However, talking online can come with risks, with your child talking to someone they don't know or haven't met. Please find the link below, for information on keeping your children safe online, there is also some great activities that you can do together with your child.

[Support children with SEND talking to people online | NSPCC](#)

If you have any concerns regarding safeguarding, including online safety you can contact the Designated Safeguarding Leads: Kara Bradley or Abigail Moore on the office number 01472 278978